STRATFORD PUBLIC SCHOOLS

Physical Education Department – Physical Education

Curriculum Scope and Sequence 7-8

Grade	Concept/Units	Application-Students will:
7-8	Archery	• Demonstrate an understanding of the Archery Safety Standards • Demonstrate an understanding of the 7 Steps to Good Shooting, and appropriate Archery Etiquette. • Demonstrate and understanding of the connection between the health related fitness concepts and personal success in shooting.
	Badminton	• Develop the skills of Badminton through various drills, modified games, and actual game play. • Implement skills and strategies learned in a game setting and *improve* their skills from the beginning of the unit until the end.
	Basketball	• Develop basketball motor skill, learn game strategies to successfully play recreational games (knock out, horse, and around the world) and contest-like games in basketball.
	Bowling	• Demonstrate proper bowling technique and etiquette while participating in a game setting. • Develop an understanding of how the rules and skills are properly incorporated in a bowling game. • Demonstrate mathematical calculation of scores and calculating bowling averages.
	Flag Football	• Describe and implement motor skills, learn rules, game strategies to successfully play flag football. • TSW complete a reflective writing self-assessment prompt based upon their participation in the flag football unit.
	Floor Hockey/Broom Ball	• Develop student expectations for grading and assessment for class participation and improvement of skill proficiency. • Develop standards, rubrics for broom ball motor skills dribbling, passing, and shooting. • Develop class rules and safety for appropriate game play. • Provide the opportunity for students to demonstrate personal knowledge of broom ball hockey. • Provide opportunities for the students to assess their own progress throughout the unit. • Provide opportunity for students make up participation time after-school or in a related alternative assignment. • Provide student with the opportunity to participate in an after school program to continue improvement of game skill and strategy and enjoy the socialization process with their peers.
	Mastery Fitness	• Participate in a physical fitness training program that will be used to prepare and then measure their individual level of physical fitness for each components of fitness. • Engage in discussion and dialogue regarding the health-related components of fitness and the basic principles of training, physiology to improve the student's level of fitness.
	Net Games	• Demonstrate appropriate skills in a game situation • Demonstrate proper etiquette and terminology associated with the net game
	Pickle Ball	• Explain and implement motor skill development • Use game strategies to successfully play a "contest like" game of Pickle ball.

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Grade	Concept/Units	Application-Students will:
	Project Adventure (Wooster only)	• Warm-up properly and independently or with a partner before class activities and initiatives. • Follow all Standards and Rubrics will be presented for all Adventure Challenge activities. • Participate effectively in cooperative games, activities, problem solving initiatives, and high and low ropes course elements that develop the Character Education Model endorsed by the district. • Follow all Safety Standards and Class Rules reviewed, discussed and posted. • Follow all Character Education Model, Personal Living Skills Identification, Full Value Contract initiatives. • Comply with all climbing etiquette policies. • Complete a reflective writing assignment.
	Soccer	• Learn and appreciate the history of soccer • Learn the proper warm-up and stretching exercises for used for a soccer unit • Learn to work together and respect individual differences and abilities • Understand and incorporate game terminology • Learn offensive and defensive skills and strategies of soccer • Identify and use rules for SAFETY at all times • Improve social awareness and communication within diversity
	Softball	• Students will demonstrate proper throwing and catching mechanics while engaging in both lead up activities and game play. • Students will develop an understanding of how the rules, strategies, and skills are properly incorporated into a softball game. • Students will demonstrate various mathematical concepts ranging from addition and subtraction to calculating batting averages and percentages
	Swimming (Flood only)	• Demonstrate proper swim stroke technique while engaging in a series of short distance relays. • Understand the importance of water safety procedures and verbalize these concepts through a series of effective questioning techniques. • Learn and apply the swim concepts taught, allowing them to safely enjoy swimming throughout their lifetime.
	Volleyball	• Develop the skills of volleyball in a non-threatening environment through various drills and modified games.