

Stratford Board of Education Policy on Physical Examinations for Participation in Interscholastic Athletics

Every Stratford Public School student who participates in interscholastic athletics (try-outs, practices, and contests) must be determined physically fit through a pre-participation assessment performed by a licensed physician in accordance with reasonable and prudent written protocol. A pre-participation assessment will be considered current if it has been performed during the past thirteen (13) months. At no time shall a student-athlete be allowed to try-out, practice, or compete if the pre-participation assessment (physical exam) exceeds thirteen (13) months.

**Pre-participation assessment forms, as developed and approved by the Connecticut Chapter, Committee on Sports Medicine – American Academy of Pediatrics; the Connecticut Chapter, Committee on School Health – American Academy of Pediatrics, and The Connecticut State Medical Society Committee on the Medical Aspects of Sports, are provided by the Stratford board of Education.