

STRATFORD PUBLIC SCHOOLS

Physical Education Department – Project Adventure

Curriculum Scope and Sequence

HIGH SCHOOL	Concept/Units	Application - Students will:
	Creating community/full value – cooperative learning	<ul style="list-style-type: none"> • Learn each-others' names, create sense of community by sharing and active listening. • Promote positive working relationships; playing by and governing the rules/safety. • Develop a stronger community; applying strategy and goal setting to team. • Demonstrate teamwork, problem solving and conflict resolution.
	Leadership	<ul style="list-style-type: none"> • Identify nine leadership characteristics. • Experience how actions of others influence behavior. • Reflect on leadership characteristics. • Apply concepts previously experienced, transition trust in low elements course.
	Positive Risk Taking/Trust/Creativity	<ul style="list-style-type: none"> • Explain different kinds of risk, re-introducing Full Value Contract, and refining Challenge by Choice. • Support each other and expressing needs in a risk taking setting. • Explore the relationship between trust and risk taking. • Move and act creatively in a non-threatening environment.
	Belay School—Low and High ropes course	<ul style="list-style-type: none"> • Understand and master the technical skills in belaying, knot tying, and equipment management • Promote positive working relationships; playing by and governing the rules/safety • Identify the relationship between peer pressure and risk taking with on a high element that requires no climbing • Practice belay techniques in a controlled setting • Experience positive consequences of taking risks • Reflect on key learning's and sharing with others in the class • Understand the mechanics of spotting and creating a safe environment • Understand the mechanics of the body in relation to space on and off the ground • Students will respect, honor and accept differences of peers