

FAMILY AND CONSUMER SCIENCES

Graduation Requirement: All students must earn one credit in Arts or Career & Technical Education classes.

<u>COURSE TITLE*</u>	<u>UNITS</u>	<u>GRADES OFFERED</u>			
Introduction to Culinary Arts	.5	9	10	11	12
Exploring Culinary Arts 1	.5		10	11	12
Exploring Culinary Arts 2	.5		10	11	12
Bakeshop 1	.5		10	11	12
Bakeshop 2	.5		10	11	12
Child Development 1	.5	9	10	11	12
Child Development 2	.5	9	10	11	12
Intro to Early Childhood Education	.5		10	11	12
Intro to Early Childhood Education (CCP)**	.5		10	11	12
Intro to Individual & Family Dev. (ECE)***	1			11	12
Culinary Assist	.5/1			11	12

*See Career Pathways Program section for sequence of courses.

**CCP-College Career Pathways Credit (Housatonic Community College)

***ECE-Early College Experience Credit (University of Connecticut)

Culinary Arts Career Pathway Courses

Introduction to Culinary Arts (9-12)

.5 Unit, 5 Periods (1/2 year)

This course is for students who are interested in learning about all aspects of food. Topics include consumerism, nutrition, safe food storage, kitchen safety, measurement and equivalents, terminology and cooking techniques. Emphasis will be placed on proper cooking and preparation techniques in the areas of fruits, vegetables, breads, grains, meats, poultry, dairy and pastry products. Students will learn life-long skills necessary for developing and maintaining healthy diets. **Prerequisite: none**

Exploring Culinary Arts 1 (10-12)

.5 Unit, 5 Periods (1/2 year)

This course is designed for students interested in a career in professional food services. Topics of study include careers in the food service industry, use and care of commercial equipment and tools, techniques of quantity cooking, meal planning, and kitchen sanitation and safety. Students run a take-out restaurant. This course is open to students in grades 10-12. Exploring Culinary Arts can be taken concurrently with Bakeshop. **Prerequisite: C or better in Introduction to Culinary Arts, or permission of instructor**

Exploring Culinary Arts 2 (10-12)

.5 Unit, 5 Periods (1/2 year)

This course is designed for students interested in a career in professional food services. The course strengthens and expands the culinary art skills learned in Culinary Arts I. Topics of study include menu planning, restaurant management, kitchen organization, dining room management and careers in the food service industry. The students run a sit down restaurant as part of the program. Eligible students can receive college-credit for this course as part of our articulation agreement with Lincoln Technical Institute. Students must have maintained a C (2.0 GPA) or higher and must have maintained high attendance. This course is open to students in grades 10-12. Exploring Culinary Arts can be taken concurrently with Bakeshop. **Prerequisite: C or better in Culinary Foods 1 or permission of instructor**

Bakeshop 1 (10-12)**.5 Unit, 5 Periods (1/2 year)**

This course is designed to provide students with an understanding of the principles of Baking and Pastry Making utilizing commercial equipment and techniques. Students will learn about safety and sanitation; the primary function of ingredients; baking formulas; weights and measurements; and proper maintenance, cleaning and storage of equipment. The students will experiment with Cookies, Quick Breads, Yeast Breads, Pies and Pastries, Dessert Sauces. The course is designed to give students exposure to careers within the culinary field. This course is open to students in grades 10-12. This course can be taken concurrently with Exploring Culinary Arts. **Prerequisite: C or better in Introduction to Culinary Arts, or permission of instructor**

Bakeshop 2 (10-12)**.5 Unit, 5 Periods (1/2 year)**

This course is designed for students interested in careers in the Culinary Industry. The course expands on the skills and techniques learned in Bakeshop I. Advanced topics include Creams and Custards, Meringues, Chocolate Work, Garnishing and Plating, Pastry Techniques, Cakes, Frostings, Icings and Careers in the Baking Industry. In addition, students will prepare a variety of products for the "Red and Gold Café" which is a student operated restaurant and other community functions. Eligible students can receive college-credit for this course as part of our articulation agreement with Lincoln Technical Institute. Students must have maintained a C (2.0 GPA) or higher and must have maintained high attendance. This course is open to students in grades 10-12. Exploring Culinary Arts can be taken concurrently with Bakeshop. **Prerequisite: C or better in Bakeshop 1 or permission of instructor**

Culinary Assist (11/12)**.5 Unit or 1 Unit**

Students who have completed two years in the Culinary Pathway may work by contract with a staff member on an individual program focusing on in-depth experiences of the Culinary Industry. **Prerequisite: Permission of Instructor**

Child And Family Studies Career Pathway**Child Development 1 (9-12)****.5 Unit, 5 Periods (1/2 year)**

This course covers human growth and development from the prenatal stages through infancy. Topics will include: decision making, roles and responsibilities of a parent, prenatal care, care of the newborn and infant and the importance of early literacy intervention in the development of children. **Prerequisite: none**

Child Development 2 (9-12)**.5 Unit, 5 Periods (1/2 year)**

This course includes the study of the toddler with emphasis on the physical, intellectual, emotional, and social development. The course will also focus on positive discipline, appropriate activities for young children, reading and language development. Anyone who desires a career in education or working with children should consider this course. **Prerequisite: C or better in Child Development 1**

Introduction To Early Childhood Education (CCP) (10-12)**.5 Unit, 5 Periods (1/2 year)**

This course includes the study of the preschooler with the emphasis on their physical, intellectual, emotional, and social development. Careers involving young children are explored. Students interested in social work, psychology, education, nursing, and the expanding fields of childcare are encouraged to take this course. **It is highly recommended that Child Development be taken prior to this college level course.**

Introduction To Early Childhood Education (CCP) (10-12)**.5 Unit, 5 Periods (1/2 year)**

This college level course is designed for students interested in careers working with children and will include trends in early childhood education with opportunities to observe and work with preschool children. Eligible students can receive college-credit for this course as part of our College Careers Pathway program with Housatonic Community College. **Prerequisite: C or better in Early Childhood Education Theory 1**

Introduction to Individual & Family Development

(UConn Early College Experience) (Grade 11-12)

1 Unit, 5 Periods (full year)

This college level course is highly recommended for students who are preparing for careers in education, human services, psychology, family studies, social work, and health occupations. Admission is based on academic performance, attendance, and citizenship. It is an introduction to the general study of human development from conception through old age. The course examines physical, intellectual, social, and emotional growth across the life span, emphasizing that development results from the interdependence of these areas at every stage. The course requires 40 hours beyond the classroom which could include an internship/extended learning experience. Students will have the opportunity to apply for college credit in the UConn Early College Experience Program. **Prerequisite: B or better in English Level 1 and/or teacher recommendation**